



## The 10 Second Philosophy: A Practical Guide to Releasing Your Inner Genius

By Mills Derek

Hay House Inc. Paperback. Book Condition: new. BRAND NEW, The 10 Second Philosophy: A Practical Guide to Releasing Your Inner Genius, Mills Derek, Derek Mills's story of how he turned his life around from failing businessman and father to creating a massively successful and harmonious life will both inspire you and warm your heart. It only took one seemingly insignificant question from an office security guard one night for Derek to stop, connect deep within himself, and in the next 10 seconds begin to see a way to change his entire life completely. Derek's philosophy of immediate change - The 10-Second Philosophy(R) - will transform your business, relationships, and life, and also bring you a sense of empowerment. In the book, you will discover how to: \* Understand and experience how lasting change can happen in seconds. \* Use the words, thoughts, questions, and phrases we encounter in our everyday lives to access your inner genius, your TrueSelf. \* Follow the guidance of your TrueSelf to set STANDARDS(TM) - NOT GOALS - to achieve real success in all areas of your life. \* Find the courage to become who you truly are and fulfill your potential while remaining fully connected...



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