



Your Health Creation: Your Health Your Way (Paperback)

By Dr Matous Bursik

MoshPit Publishing, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Health is our greatest wealth; it is the platform upon which our lives are built. It is the key that unlocks the many gifts that life bestows upon us. Your Health Creation is a book that takes you on a journey to discover the secrets of health, its intelligence, and how it can be created in our bodies, our lives, and in the world. Many people take health for granted. It is only when we lose our health, and our lives begin to unravel, that its value becomes illuminated. We then spend all our time and resources trying to get it back. Yet we don t have to wait for this to happen! When we understand what health is, and the principles upon which it is founded, we can start to apply that knowledge to create our lives in a healthy manner. To maximise our chances of keeping it in our reality. All living things share this common identity. Cells use it to create a healthy body. We can use it to create a healthy lifestyle. Humanity can use it to create healthy societies,...



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