



Close Encounters: A Relational View of the Therapeutic Process

By Robert Winer

Jason Aronson. Hardcover. Condition: New. 296 pages. Dimensions: 9.3in. x 6.4in. x 1.1in. The traditional view of the therapeutic interaction fails to capture the heart of the process when it pictures the therapist as disinterested and distanced agent of change. Growing interest in the helpful use of countertransference reflects a shift toward a two-person view of treatment. There has been surprisingly little effort, however, to explore systematically the full potential of such a model for making sense of the therapeutic process. Emphasis on the relational aspect of treatment has too often been derisively equated with the idea that cure occurs through a sophisticated form of parental caring with the role of interpretation being essentially incidental. The fear of being discredited in this way has kept therapists from trying to conceptualize the ways in which a two-person process in fact underlies the patients and therapists search for meaning. Contrasts a One-person and a Two-person Analysis of an Initial Interview In Close Encounters, Dr. Robert Winer takes on this quest. He begins by dramatizing the differences through contrasting a one-person and a two-person analysis of an initial interview. Having demonstrated the problem he then reviews the ways in which both American and British authors...



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