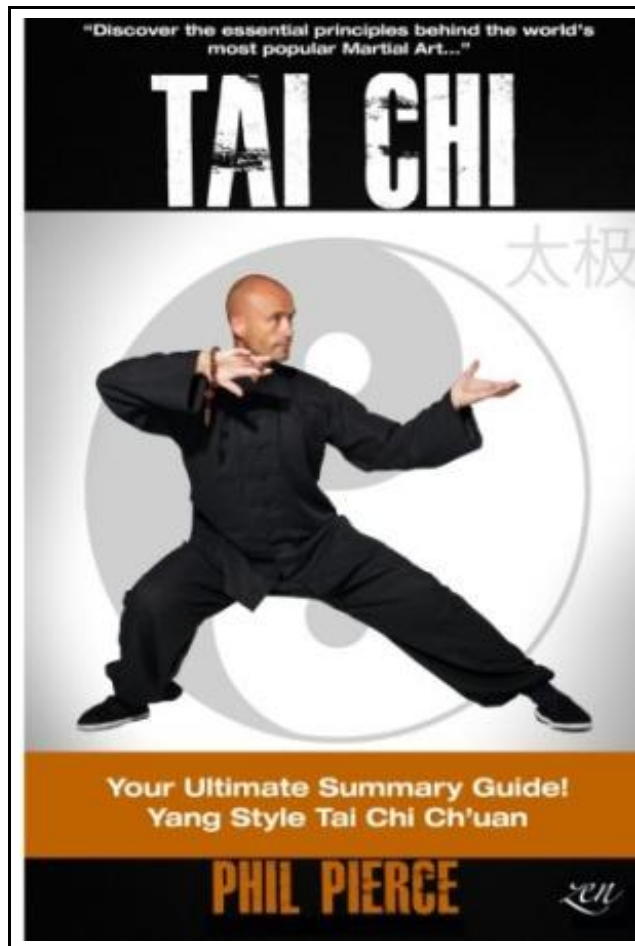


# Tai Chi Stress Relief Your Ultimate Summary Guide Yang Style Tai Chi Chuan Martial Arts and Stress Managment



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