



## Sleep Well, Lead Well: With AEI Model of Supreme Leadership

By Yatin J Patel MD Mba

Alertonics, United States, 2011. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This book is a masterpiece.a book for our time.He doesn t just present the problem of sleep deprivation but provides us with answers. -Marc Royer, PhD, Pastor, Inspirational Speaker, Author. If you want something that is comprehensible and profound that will help you sleep well, live well and lead well, then buy his book. Your return on investment would make Gordon Gecko envious of your profit. -Dr. Ralph Downey III, Associate Clinical Professor of Medicine at Loma Linda University. I especially like the triad of informational, emotional and alertness intelligences working in concert.AEImax seems inherently true and correct. The expansion to include the selfless service and spiritual portions certainly complete the picture. -Patty Tucker, Sleep Coach, Physician Assistant (Stanford School of Medicine) ----- Yatin J. Patel MD MBA, Founder and Medical Director of Center for Sleep Studies at IU Health Goshen Hospital, combines his 20 years of clinical experience as a board certified sleep physician and his experience as a leader in various positions at the hospital along with his formal executive training at Notre Dame...



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